

Seminar lodging and transportation information

Dojo location

The Northern Virginia Ki Aikido dojo (seminar location) address is:
2929-E Eskridge Road, Fairfax, VA.

The dojo phone is answered and messages are checked during operating hours:
(703) 573-8843

The dojo is about a 15-minute walk from the **Dunn Loring Metro station**, which is on the Orange Line. If you prefer, you can call the dojo from the station for a ride.

For more information and a system map, visit the Metro website at <http://www.wmata.com>.

Lodging

There are lots of motel options around the dojo, and you can choose depending on your budget. **Choice Hotels** & motels are really inexpensive. You can check them out at www.choicehotels.com.

The Fairview Park Marriott is a little pricey, but is convenient and has been a popular choice in the past:

http://www.marriott.com/hotels/travel/wasfp-fairview-park-marriott/?ppc=eastern_google_wasfp&vpckey=falls-church-marriott&vpccat=brand

Here are some other ideas:

The Homewood Suites Hotel by Hilton

http://homewoodsuites1.hilton.com/en_US/hw/hotel/WASMFHW-Homewood-Suites-by-Hilton-Falls-Church-I-Rt--Virginia/directions.do

8130 Porter Road, Falls Church - (703) 560-6644

Dunn Loring Fairfax Courtyard

2722 Gallows Rd, Vienna - (703) 573-9555

Comfort Inn Tysons Corner

1587 Spring Hill Road

Vienna, VA 22182

Tel: 703-448-8020

Fax: 703-448-0343

Review by Mayumi Case Sensei: The Comfort Inn wasn't a fancy place, but very clean and very inexpensive - the weekend + internet rate was \$79.00 + tax per night (early 2008 prices). I don't think you can find this kind of price in the area. Everything else seems to be well over \$100 per night even over the weekend. It is, however, a little ways from the dojo (4.9 miles). The speed limit around the area is 35 mph all the way, and there are many traffic lights, so allow enough time for the drive, especially Friday evening. Russell McCullock sensei from South Carolina stayed there too, and the drive for him took 20 minutes on Friday, but Saturday and Sunday traffic wasn't bad at all. I highly recommend it if you want a very inexpensive accommodation. Their free breakfast was great, too.

Airport transportation information next page:

Ground transportation from area airports to the Dunn Loring Metro station

(Reagan) National Airport (DCA)

National Airport is the easiest option to get to the dojo, since you can get on the Metro right at the airport and avoid road traffic. Allow about 50 minutes to get from National Airport to the Dunn Loring station. The fare will be \$3.15.

Take the Metro Blue line towards Rosslyn. At the Rosslyn station, switch to the Orange line towards Vienna. Dunn Loring will be the seventh stop.

Dulles Airport (IAD)

Arriving at Dulles, the cheapest option would be to take the Washington Flyer bus (<http://www.washfly.com/metro.htm> for the schedule) to the West Falls Church Metro station (about 30 minutes, \$9). From the West Falls Church station, take the Orange line toward Vienna. Dunn Loring will be the first stop. You can also take a taxi or airport shuttle from Dulles (information is available online and at the airport).

Baltimore Washington Airport (BWI) usually has inexpensive flights, but it takes the longest to get to the DC area. On Friday, you can take the MARC train to Union Station in DC. At Union Station, follow the signs to the Metro and board the Red line toward Shady Grove. At the third stop, Metro Center, transfer to the Orange line, heading towards Vienna. Take the Orange line to Dunn Loring station. You should plan at least 2.5 hours for this trip, and realize that the MARC train does not operate on weekends, so you would need alternate transportation, such as an airport shuttle, to get back to BWI on Sunday. You can check <http://www.bwiairport.com> for more details on ground transportation.

This company is a shuttle service operating out of Dulles and National Airports: Blue Van or Super Shuttle 1-800-258-3826