

ARTICLES OF RELEASE FROM LIABILITY AND ASSUMPTION OF RISK:

I certify that I am in good health and haven't any physical defect that would endanger my health in participation and practice of Shinshin Toitsu Aikido and/or Ki training. I hereby release and discharge the International Ki Society, Eastern Ki Federation, and the Northern Virginia Ki-Aikido Dojo it's officers, instructors, participants, and affiliated member clubs from any liability whatsoever, resulting from or in any manner arising out of an injury, loss or damage that may be sustained to me or my property on account of my participation, and/ or transportation connected with, herein said activity. I represent and covenant at the time of signing this release application, I am legally competent to execute it and that before signing it, I have fully informed myself of its contents and execute it with full knowledge thereof.

(Parental Signature required for participants under age 18)

SIGNED AND DATED

Parent or Guardian Name (please print):

Parent or Guardian Signature and Date

MAILING INSTRUCTIONS:

Please mail one Registration (see reverse side) and one Articles of Release Form for each person planning to attend, plus full payment in US \$ to:

VKS
PO Box 3663
Merrifield, VA 22116



Come join David Shaner Sensei, 8th Dan and Senior Advisor Eastern Ki Federation for the 2024 New Year's Seminar hosted by Northern Virginia Ki Aikido, located in Merrifield, Virginia.

Shaner Sensei will be joined by Rich Fryling Sensei, 6th Dan and Chief Instructor Eastern Ki Federation.

We are excited to welcome all students regardless of rank and experience to celebrate a first EKF seminar of 2024.

If you are not a member, and you are interested in learning more, we are pleased offer a free public demonstration of Ki Aikido open to the public.

The Public Demonstration is scheduled on Saturday, January 13th at 9:30am.



2024 NEW YEAR'S SEMINAR & PUBLIC DEMONSTRATION

HOSTED BY:

NORTHERN VIRGINIA KI AIKIDO

<https://www.novakiakido.org/>

TAUGHT BY:

DAVID SHANER SENSEI

8th DAN

SENIOR ADVISOR, EASTERN KI FEDERATION

DATES:

JANUARY 12TH – 14TH, 2024

(FRIDAY, SATURDAY, SUNDAY)

LOCATION:

NORTHERN VIRGINIA KI-AIKIDO DOJO

2929-E ESKRIDGE RD.

FAIRFAX, VA 22031

FREE PUBLIC DEMONSTRATION:

SATURDAY, JANUARY 13TH 2024

9:30AM – 11:00AM



2024 NEW YEAR'S SEMINAR & PUBLIC DEMONSTRATION

WITH
DAVID SHANER SENSEI, 8TH DAN

NORTHERN VIRGINIA KI-AIKIDO
DOJO 2929-E ESKRIDGE RD.
FAIRFAX, VA 22031

SCHEDULE

FRIDAY, JANUARY 12th 2024

5:30pm Dojo Opens | Seminar Registration
6:00pm – 8:00pm Seminar
8:30pm Dinner

SATURDAY, JANUARY 13th 2024

8:00am Dojo Opens
9:00am – 9:30am Seminar Welcome
9:30am – 11:00am Public Demonstration
11:00am – 12:00pm Seminar Morning Session
12:15pm – 1:30pm Lunch
EKF Head Instructors Meeting
1:30pm – 4:00pm Seminar Afternoon Session
6:30pm Dinner

SUNDAY, JANUARY 24th 2024

8:00am Dojo Opens
9:00am – 12:00pm Seminar

SEMINAR FEES

Free: Public Demonstration

\$60 per day [Friday, Sunday]

\$80 per day [Saturday]

\$165.00 for all three days

\$140.00 for all three days if paid by Dec. 12th

ONLINE PAYMENT:

To pay online use the following link:

<http://novakiaikido.org/news-updates.php>

To pay by mail please use the attached form and mail it to the address on the form along with your payment.

FOR ADDITIONAL INFORMATION:

Sally Mills Sensei

Email: sally.f.mills@gmail.com

Phone: 952.693.1703



REGISTRATION FORM

Please return one Registration Form and one Articles of Release Form (see reverse side) for each person.

NAME:

RANK:

DOJO:

EMAIL:

HOME ADDRESS:

EMERGENCY CONTACT NAME:

EMERGENCY CONTACT PHONE:

Please make check payable to:
VKS